



TIME	ROOM	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
12:10 - 12:50 pm 12:10 - 12:50 pm 1:30 - 2:30 pm 5:30 - 6:30 pm	Studio Gym Studio	STAT 	Sweat + Strength- Deb Fitness Fusion for Older Adults Jacqui	Step - Colleen	One Minute Fat Burner - Roselle jazzercise - Andrea	Step - Dorothy
TIME	ROOM	Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
12:10 - 12:50 pm 12:10 - 12:50 pm 1:30 - 2:30 pm 5:30 - 6:30	Studio Gym Studio Gym	Ball Conditioning - Jacqui Fitness Fusion for Older Adults Jacqui jazzercise - Andrea	jazzercise Express- Andrea	Step - Colleen	One Minute Fat Burner - Roselle jazzercise - Andrea	Step - Dorothy
TIME	ROOM	Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
12:10 - 12:50 pm 12:10 - 12:50 pm 1:30 - 2:30 pm 5:30 - 6:30	Studio Gym Studio Gym	Butts & Balls - Gwen Fitness Fusion for Older Adults Jacqui jazzercise - Andrea	Sweat + Strength- Deb	Step - Colleen	One Minute Fat Burner - Roselle jazzercise - Andrea	Step - Dorothy
TIME	ROOM	Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
12:10 - 12:50 pm 12:10 - 12:50 pm 1:30 - 2:30 pm 5:30 - 6:30pm	Studio Gym Studio Gym	Butts & Balls - Gwen Fitness Fusion for Older Adults Jacqui jazzercise - Andrea	jazzercise Express- Andrea	Step - Colleen	One Minute Fat Burner - Roselle jazzercise - Andrea	Step - Dorothy
TIME	ROOM	Monday 30	Tuesday 31	 Saturday 9:00 am - 10:00 am Mondays & Thursdays 5:30 - 6:30pm For Friendship, Fitness and Fun. Starting in September the 5:30 class will start at 5:45		
12:10 - 12:50 pm 12:10 - 12:50 pm 1:30 - 2:30 pm 5:30 - 6:30pm	Studio Gym Studio Gym	Butts & Balls - Gwen Fitness Fusion for Older Adults Jacqui jazzercise - Andrea	Sweat + Strength- Deb			